



„Beliefs in the career path”

Questionnaire for research on educational and professional needs of young people

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Below are various statements that relate to your beliefs about your professional skills and qualifications. Indicate to what extent you agree or disagree with each of these statements by circling one of the four possible answers. Try to determine what you really think.

1
I definitely agree
2
I agree
3
I disagree
4
I definitely disagree

1	I believe I am a person with at least the same competence and professional qualifications as others.	1 2 3 4
2	I believe I have many professional skills	1 2 3 4
3	Generally speaking, I'm inclined to think that I'll be able to handle the future by taking up a job	1 2 3 4
4	I can do things as well as most other people.	1 2 3 4
5	I think I have a lot of skills to deal with in life	1 2 3 4
6	I'm a good worker	1 2 3 4
7	Overall, I am satisfied with the choice of vocational education pathway	1 2 3 4
8	I wish I had more skills, so I want to keep improving	1 2 3 4
9	I don't feel good enough about what I do	1 2 3 4
10	I'm good enough at what I do professionally	1 2 3 4
11	I am convinced that I have chosen the best profession for me	1 2 3 4
12	I'm strong enough for professional success	1 2 3 4
13	I can handle my studies and that's why I'm going to finish school	1 2 3 4
14	I am convinced that I will achieve professional success	1 2 3 4

Key

0-14 very low results

Healthy beliefs about their own professional skills. Very high sense of professional competence. Healthy beliefs about the ability to cope in professional life. Very high willingness to improve and proper choice of professional path. High sense of effectiveness in the area of professional realization.

15-30 low results

Healthy beliefs about their own professional skills. A good sense of professional competence. Convinced of the correct ability to cope with professional life. Wants to improve and choose the right professional path. A sense of good effectiveness in the area of professional realization.

31-40 average results

Unhealthy beliefs about their own professional skills. Low sense of professional competence. Convinced about the lack of ability to cope in professional life. Lack of willingness to improve and bad choice of professional path. Sense of hopelessness in the area of professional realization.

41-56 –high results

Very unhealthy beliefs about their own professional skills. Very low sense of professional competence. High conviction of the lack of ability to cope in professional life. Total lack of willingness to improve and conviction about choosing the wrong professional path. High sense of hopelessness in the area of professional realization.